



**LAPERLE**  
**Community**  
**Playschool**

*The Stepping Stones of Early Learning*

# La Perle Playschool

## Newsletter

December 2019



Season's Greetings to all our Playschool Families!

As we approach December 12th and 13th, which are the final days of classes prior to our Winter/Christmas Break, it is a lovely time to reflect on how much wonderful progress has happened since September, and how much learning has occurred. Our students are established in routines, our families have had multiple opportunities to volunteer, and the home-school connection continues to grow.

Please note that we still have some space in our 3-year-old PM class, as well as our 4-year-old AM and PM classes, so please spread the word about La Perle Playschool. We accept new registrations up until January 31st 2020, so please share our website, Facebook Page, and our Registrar's contact information with any families who may be interested!

A few years ago, I attended a workshop organized by one of Edmonton's Early Childhood Community Coalitions. A wealth of information was offered, including an emphasis on how important early childhood is in determining the future success of children. The following quote was shared at the in-service:

"The first five years have so much to do with how the next eighty turn out."

~Bill Gates

How powerful. Investing in education (particularly Early Childhood Education) is an essential tool to develop well-rounded, responsive, caring, and capable human beings. A heartfelt thank you accompanies this edition of our Playschool's newsletter. Thank you for choosing our Playschool, thank you for your commitment to your child's education and play experiences, and thank you for supporting our community.

We are a non-profit, volunteer-based organization that could simply not run without the dedication of our Playschool's families, students, teachers, and Executive Board.

May the holidays bring laughter, joy, and the time to reconnect with loved ones. See you January 6th or 7th, 2020 for our first day back at Playschool!

Merry Christmas!

~ Amanda Percy



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# A Message from our Teachers



Dear Families of Three Year Olds,

It is hard to believe that Christmas season is already here. We have had a fun and busy November learning about "Community Helpers". We were lucky to have had Shelley Cox, a Nurse come to class and talk to the children about how she helps people when they get sick, especially how she helps little babies. She also spoke about eating healthy food and washing our hands often, to prevent germs from getting into our bodies. We also had Fire Fighter Keith Peterson, who came and spoke

to us and showed us all his gear. He was excellent with the children and explained to them to never be afraid of fire fighters. He also explained that they are there to help each one of us and was excited to tell the children that he went to LaPerle School while growing up. We ended the module on "Community Helpers" by going on a walking field trip to the LaPerle Dental Office. The children learned about sugar bugs and that we should brush our teeth at least twice a day. They had a ride on the dental chair and had a great time.



It is surprising how much your little three year olds know about "Community Helpers". Ask them questions and you will be excited as to what they have learned, they are like little sponges. It is so exciting for me to see how much they have grown and are learning to share and play. The interaction between the children is priceless to watch.



In December we cover Christmas and the concepts about giving, sharing and receiving. We will be learning songs for our Christmas concert to be held in the classroom on December 12th at 10:30 am and 2:30 pm. Please plan to attend our concert and visit with Santa. Also, please make sure to advise if additional siblings will be attending the Christmas party as we need to plan the party accordingly, a sign up sheet has been posted next to the sign in and out sheet for your convenience.



January will feature Science and Space including learning about the solar system and the names of the planets.

It has been a pleasure to have Miss Emily Giles, our student teacher from Grant MacEwan University with us. Miss. Giles is amazing with the children and we wish her all the best in her education and career.

I would like to thank the Board Members who give freely of their time and talents to help make our playschool so wonderful. Appreciation goes out to Mrs. Laurie Knoll for being such an amazing partner to work with.

I would also like to thank each of you for being so supportive and helpful, especially on your parent helper days. Your assistance has been invaluable. It is such a pleasure to work with such wonderful children and parents.



Have a great holiday season with family and friends, I look forward to seeing you all again in the New Year. January 7th, 2020 is our first day back.

Wishing you all a Merry Christmas and a Happy New Year!

Sincerely,

Carma Wong



On December 3rd for the 3 year program, there will be NO morning class. The morning and afternoon classes will be combined from 1:00 PM to 3:00 PM.



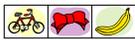
Season's Greetings To All the 4 Year Families.

It is hard to believe that we are three months into school and Christmas is just around the corner. It has been a pleasure getting to know the children and truly rewarding to see the growth already. They arrive each day excited to see their friends, and enthusiastic to learn. They are so much fun to spend time with.



Our theme in November was Community Helpers. The children learned who our community helpers are and how they help in our community. Thank you to Nurse, Shelley Cox, for visiting and teaching the children about how to stay healthy. Thank you also to Fire Fighter, Keith Peterson, for teaching us about fire safety. We were lucky to have a beautiful day to walk to LaPerle Dental Center. The dental assistant taught us how many times a day we should brush our teeth, gave the children a ride in the dentist chair and it was a nice opportunity for the children to see that visiting the dentist is nothing to be afraid of.

Bb



I'd like to thank all of you for helping your children become excited about "The letter of the week." The children are learning the sounds each letter makes, printing upper and lower case with chalk and finding words that begin with each letter. We will also continue to practice patterning, printing our names, learning numbers, and becoming more and more independent. I am so proud with the progress so far, thank you again for your support at home. Just a reminder, cutting up old magazines or flyers and printing their name are all good exercises for their fine motor development.



The preparation has begun! Christmas is fast approaching. Our December field trip will be to the John Walter Museum. The children will learn the traditions from the past. We will help the Walter family get ready for a 1920s Christmas morning. We're already busy like little elves making Christmas crafts, gifts, and practicing for our little concert. I hope you will all be able to join us on December 13th

for a concert, a visit from Santa, and a Christmas snack and gathering. The children will be looking for you from up on the stage! The times are posted on the calendar. A sign up will also be posted both for extra snacks needed and siblings attending.

This will be our last newsletter for the year, so I would like to take this opportunity to thank all the board members for helping the playschool run so smoothly. Thank you also to all the 4-year children and families. Your help and support makes my job so much easier. The children make me laugh every day and their enthusiasm keeps me feeling young! I am looking forward to working with you more in the New Year. Please, please if you have any questions or concerns, don't hesitate to chat with me.



Wishing you all a Very Merry Christmas and a Happy New Year. See you in 2020!

Yours in Partnership.

Mrs. Laurie Knoll



Things to REMEMBER:

- Remember to take your child's crafts from the art shelf each day
- Remember to bring and take home your child's cup to wash each day
- Gym day is Friday
- Remember to take your child to the washroom before class
- Remember show and tell is on your helper day, the children can bring one toy/picture/story to share
- Remember to let the room rep and teacher know when changes on the calendar have been made
- Remember to please be 15 minutes early for your helper day

- We still have openings in the AM and PM classes, please pass the word on to your friends and family
- Remember to ask questions to your child about their day
- Remember to cherish your beautiful children



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### **Laperle Playschool Food Bank drive**

Please bring in non perishable food items to donate to the Edmonton Food Bank:

**Feel free to donate any time before Christmas break, under our Christmas tree by the playschool door.**

**Most needed food items: beans, canned fish or meat, baby formula, peanut butter, school snacks, soup, canned fruit or vegetables, pasta and pasta sauce.**

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Greetings All,

Thank you for supporting our fundraising initiatives so far! I should be getting the Cineplex certificates in the

mail between Nov 29th and Dec 1st, and they will be brought to the school as soon as I get them. As a community member I am looking forward to that fundraiser becoming an annual one.

Our Paint Night is coming up on Friday Dec 5th. I want to thank the artist, Maureen Brown, for donating her time to teach us how to paint a cute Christmas decoration. It will be fun and the snacks will be delicious.

An on-going fundraiser that you can support any time of the year is Mabel's Labels. These personalized durable labels are laundry, dishwasher, and microwave safe – and they are 100% guaranteed. The shipping is free! Just go to: [campaigns.mabelslabels.com](http://campaigns.mabelslabels.com) and ensure that our school is in the top left hand corner, then shop away.

The playschool needs our families and friends to support our fundraising efforts for class supplies, visitors, and field trips. If you know of a new way for us to fundraise, please reach out to me. Or if you have a family member/ friend who has a special skill or talent who could do an in-school field trip or visit, let us know.

Happy Holidays,

Taneal Pryce

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**LAPERLE**  
**Community**  
**Playschool**

***The Stepping Stones of Early Learning***

## **Executive Board 2019-2020:**

### **President**

Amanda Percy

Email: percyfamilyschool@gmail.com

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Cell: 780-221-1103

### **Vice-President**

Tara Mancini

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Cell: 780-860-4737

### **Registrar**

Michelle Bottriell

Email: michbottr@gmail.com

Playschool #: 1-866-927-6020 Ext 3

Cell: 780-935-7746

### **Treasurer**

Jennifer May

Email: jenn.nordstrom@gmail.com

Cell: 780-907-4978

### **Secretary**

Heather Properzi

Email: facial\_expression@hotmail.ca

Cell: 780-700-3635

### **Fundraising Coordinator**

Taneal Pryce

Email: taneal\_brown@yahoo.ca

Home: 780-484-2744

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### **Volunteer Coordinator**

Sam Dobson

Email: sam\_rup@hotmail.com

Cell: 780-914-2356

### **Spring Tea Coordinators**

Kali Heppner

Email: kaliroger49@hotmail.com

Cell: 780-966-1142

Erin Umrysh

Email: erinumrysh@gmail.com

Home: 780-471-3825

Cell: 780-717-8175

**Playschool Main Line: 780-483-1864 Ext 3**

**La Perle Email: [Laperle.community.playschool@gmail.com](mailto:Laperle.community.playschool@gmail.com)**

### **Room Reps:**

3 Yr AM - Carla Sitko 780-716-9381

3 Yr PM - Robin Sporer 780-233-5083

4 Yr AM - Anastasia Phills 780-903-8475

4 Yr PM - Lisa Hart 780-292-2401

**Toy Cleaning Captain:**

Jesslyn Michel 780-933-1493

**Change Over Captain:**

Karin Ferrari 780-964-0763

**Ghost Parents:**

3 Yr AM: Heather Properzi 780-700-3635

Heidi DiSanto 780-722-4671

Lidiya Abel 780-232-2530

3 Yr PM: Robyn Sporer 780-233-5083

Deniz Ziylan 587-989-7004

Kimo Trent 780-686-5233

Alexis Markeli 780-263-0818

Annie Garvin 780-938-5529

4 Yr AM: Taneal Pryce 780-893-3616

Amanda Percy 780-484-1767 (Mondays Only)

Kali Heppner 780-966-1142

Sam Dobson 780-914-2356

4 Yr PM: Janae Pederson 780-266-4450

Sarah Buchanan 780-245-6044

Lindsay Theroux 587-974-4069



**Please note all contact information is for playschool use  
only. Thank you!**

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## Parent Changeover Days

Quick reminder to all families, to make sure scheduled change over days go as quickly and as smoothly as possible please make sure to show up to school on time. If you are unable to make it you may have a friend or family member come in your place. If you fail to show for your scheduled day you will be charged \$100.



Student pictures should be sent out soon!

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Looking for some fun ideas for spending quality time with your family this holiday season? [Click here](#) for a fun winter bucket list you can print off and do with your family!

I hope the holiday season treats you and yours well!

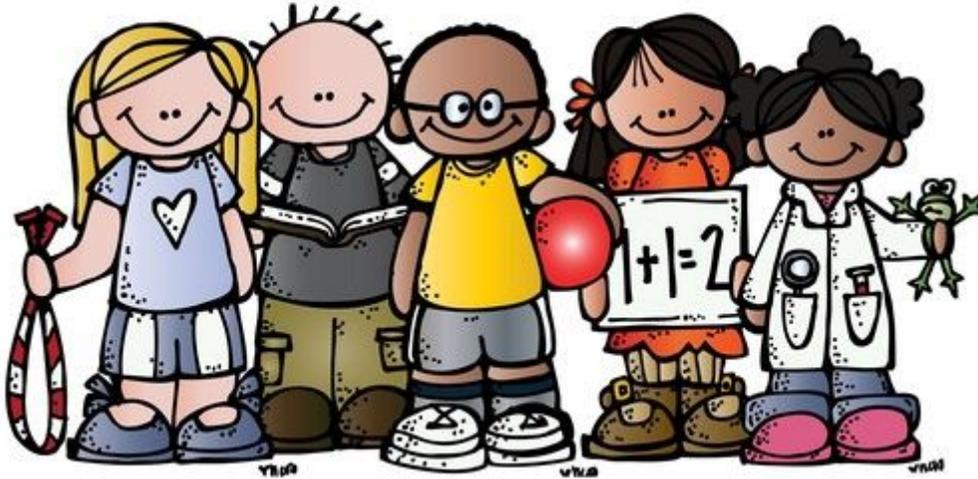
Tara Mancini  
Vice President



The LaPerle playschool is starting to prepare for our upcoming Spring Tea coming in the new year! We are looking for donations for our adult silent auction. Are you able or know anyone who would be willing to donate any items for the auction? If so please make sure to contact our Spring Tea Coordinators.

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we ♥ SCHOOL !



**Important Dates for the 2019/2020 school year:**

*November:*

- *9th to 13th - Fall Break - No School*
- *29th - PD Day - No School*

*December:*

- *12th - 3 Yr Program Christmas Party*
- *13th - 4 Yr Program Christmas Party*
- *14th to Jan. 5th - Christmas Break - No School*

*January:*

- *1st to 5th - Christmas Break - No School*

*February:*

- *13th - 3 Yr Program - Valentines Day Party*
- *14th - 4 Yr Program - Valentines Day Party*

- *17th - Family Day - No School*
- *18th - PD Day - No School*
- *27th to Mar. 1st - Teacher's Convention - No School*

*March:*

- *1st - Teacher's Convention - No School*
- *10th - Annual General Meeting (AGM) 6:00 PM - Parents Welcome!*
- *21st to 29th - Spring Break - No School*

*April:*

- *8th - 4 Yr Program Easter Party*
- *9th - 3 Yr Program Easter Party*
- *10th to 13th - Easter Weekend - No School*

*May:*

- *9th - Spring Tea*
- *16th to 20th - May Break - No School*

*June:*

- *11th - 3 Yr Program - Last Day of School*
- *12th - 4 Yr Program - Last Day of School*



Happy Holidays! Enjoy this winter recipe:

**Cabbage Roll Casserole:**

Cabbage roll casserole aka lazy man's cabbage rolls. Delicious comfort food made with cabbage, ground beef or pork, rice and tomato sauce.

Prep Time: 30 minutes

Cook Time: 2 hours

Total Time: 2 hours 30 minutes

Servings: 8

**Ingredients:**

- 1 1/2 pounds ground beef
- 1 onion minced
- 4 garlic cloves minced
- 1 tsp salt
- 1/2 tsp black pepper
- 1/2 tsp paprika
- 1/4 tsp dry thyme
- 1/2 large cabbage cut into 1/2 inch pieces
- 1 1/2 cups uncooked rice
- 2 cups crushed tomatoes or tomato sauce
- 3 cups water or beef broth

**Instructions:**

1. Brown the beef in a skillet. Drain the grease and stir in the onions, garlic and spices. Cook on medium/low heat until the onions soften and become transparent.
2. Remove from heat.
3. Stir in the remaining ingredients and dump into a large casserole dish or deep 13x9 lasagna pan. Cover with aluminum foil.
4. Bake in a 350F preheated oven for 90 minutes. Halfway through the cooking time, take the casserole out of the oven and give it a stir.

Recipe Notes:

If you prefer to have the cabbage soft and the rice very tender, similar to cabbage rolls, add another 1/4 cup of water after the 90 minutes and cook for another 30 minutes.

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**Ad Space Available!**

Did you know that you can submit your, or your company's

business card to be printed in our playschool newsletters?

For \$25.00/issue, (5 issues per year), you can advertise in this space to bring awareness of your business or services to the 60+ families that read our newsletters!

Newsletters are printed for all our playschool families and can also be found on our website.



Interested in advertising in our newsletter? [Click here to send an email for more information!](#)

**Please check out our website and Facebook page:**

[LaPerle Playschool Website](#)

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